

**foke**



FRIENDS OF  
KU-RING-GAI  
ENVIRONMENT INC.



NATIONAL TRUST  
**AUSTRALIAN  
HERITAGE FESTIVAL**

## **Ku-ring-gai GeoRegion Walks**

Join FOKE's walks and celebrate Australia's Geological Heritage



### **Long Reef**

Led by Dr Peter Mitchell OAM

Learn about this outstanding Northern Beaches geological site

**Sunday 2 June, 2024**

9.45am for 10am start. Finish around 12 noon

Meet at the boat ramp on Fishermans Beach

Paid parking along Golf Club Rd but free in the surrounding streets

Bring: hat, water, snack and wear good walking shoes.

Note the terrain is slippery with wet conditions

Bookings: [Humanitix](#)



### **Sheldon Forest**

Led by Dr John Martyn

Learn about Ku-ring-gai's critically endangered ecological communities—

Blue Gum High Forest & Sydney Turpentine Ironbark Forest

**Saturday 8 June, 2024**

9.45am for 10am start. Finish around 12noon

Meet at entrance to Sheldon Forest near FOKE signs

Enter via Turramurra Scout Hall, Warragal Road

Bring: water, snack and wear good walking shoes

Bookings: [Humanitix](#)



### **Bicentennial Park**

Led by Dr John Martyn

Learn about the rarity of this environment with its basalt dyke

**Saturday 8 June, 2024**

1.45pm for a 2pm start. Finish around 4pm

Meet at the entrance to Bicentennial Park, West Pymble, next to carpark via Prince of Wales Drive off Lofberg Rd (near Ryde Rd)

Bring: water, snack and wear good walking shoes

Bookings: [Humanitix](#)

**Enquires: Janine Kitson, Vice-President, Friends of Ku-ring-gai Environment (FOKE) 0428 860 623**

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**Friends of Ku-ring-gai Environment Inc**

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 Email: [info@foke.org.au](mailto:info@foke.org.au)
**JOIN OR RENEW YOUR MEMBERSHIP**

Name:		
Address:		
Tel(home):	Mobile:	Email:
Date:		

<b>Membership Application:</b>		
Ordinary Member (Annual Fee)	\$10	Number:
Student/Pensioner/Senior Citizen	\$5	Number:

<b>Membership Renewal:</b>		
Ordinary Member ( Annual Fee)	\$10	Number:
Student/Pensioner/Senior Citizen	\$5	Number:

<b>Donation</b>	\$
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<b>Total:</b>	\$
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**To Apply for, or Renew, Membership:**

- Complete this form and either mail it with your cheque or, if using direct deposit, email this form to [info@foke.org.au](mailto:info@foke.org.au)
- Pay by either
  - Cheque made payable to Friends of Ku-ring-gai Environment Inc: and mail to FOKE, PO Box 584, Gordon NSW 2072, or
  - Direct Deposit to Friends of Ku-ring-gai Environment Inc., Westpac Bank, BSB 032-083, Account Number 432154, and write your surname and initials in the reference field. Please email the form to [info@foke.org.au](mailto:info@foke.org.au) or mail to the address above.

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